



**HOPE VALLEY**  
NETBALL CLUB



**INFORMATION  
BOOKLET**

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## ABOUT OUR CLUB

The Hope Valley Netball Club has been running for over 70 years. We started off as a small club but we have been increasing in size in that time, and we are now one of the largest clubs competing in the SADNA competition.

### Philosophy and Goals

#### Philosophy

- ▶ All players, regardless of ability, age, race etc, shall be allowed to play netball in our club equally.
- ▶ Our club is based on sportspersonship and fairness.
- ▶ Our aim is to provide both social and competitive teams to suit individual player's goals.

#### Goals

- ▶ Improve facilities to accommodate growth of the club.
- ▶ Gain Sponsorship.
- ▶ Provide ongoing umpire training to promote Friday/Saturday umpires to Monday/Tuesday level and to improve all umpires skill levels.

### Games

All games are played at SA Districts Netball Association (SADNA) complex, Atlantis Drive, Golden Grove.

- ▶ **Sub-Primary** and **Primary** and age groups play on Saturday afternoons during Winter season and Friday nights during Summer season.
- ▶ **Sub-Junior** and **Junior** age groups and play on Tuesday nights and
- ▶ **Seniors** and **Intermediate** age groups play on Monday nights.

All players are required to be at the courts at least 20 minutes before the games to warm up. Nails should be clipped and correct uniform (including club socks or plain white socks covering the ankle) should be worn.



### Training

Training is held at the Hope Valley Sporting Centre, Leeds Avenue, Hope Valley. It is important that you attend all training sessions. If you are unable to attend you need to contact your coach as soon as possible. Any player that does not attend at least 70% of training during a season is ineligible for end of season trophies. Training is an integral part of being in a team, and it is not fair on your teammates if you do not come to training. Training is also important for building team cohesion and working out how to play together as a team. If you are not available to attend training at all during the season you CANNOT play for that season.

### Hot Weather Policy:

#### Training

Training will be cancelled if (as announced on MIX 102.3FM) the temperature is 34C or over at:

- ▶ 4.00pm for 4.30pm training
- ▶ 5.00pm for 5.30pm training
- ▶ 6.00pm for 6.30pm training
- ▶ 7.00pm for 7.30pm training



If training is cancelled a post will be made to Facebook and your coach will let you know.

#### Games

Monday & Tuesday Nights: when the temperature at 5.00pm is 36 degrees or over, as announced on MIX 102.3 FM, all matches are to be abandoned.

Friday Nights: when the temperature at 5.00pm is 36C or over, as announced on MIX 102.3 FM, all matches are to be abandoned.

#### Finals:

Matches cannot be abandoned, but should the temperature at 5.00pm be 36C or over, all matches will be moved back 30 minutes.



# POLICIES AND PROCEDURES

## Fees

All players are required to be financial before taking the court at the beginning of each season. Full fees are generally paid upfront when registering. If you are not able to pay the full fees upfront you can request a payment plan from the Treasurer. Failure to adhere to the payment plan will mean that a player is considered to be unfinancial. Unfinancial players will be unable to participate in matches until such time as all outstanding monies have been paid.

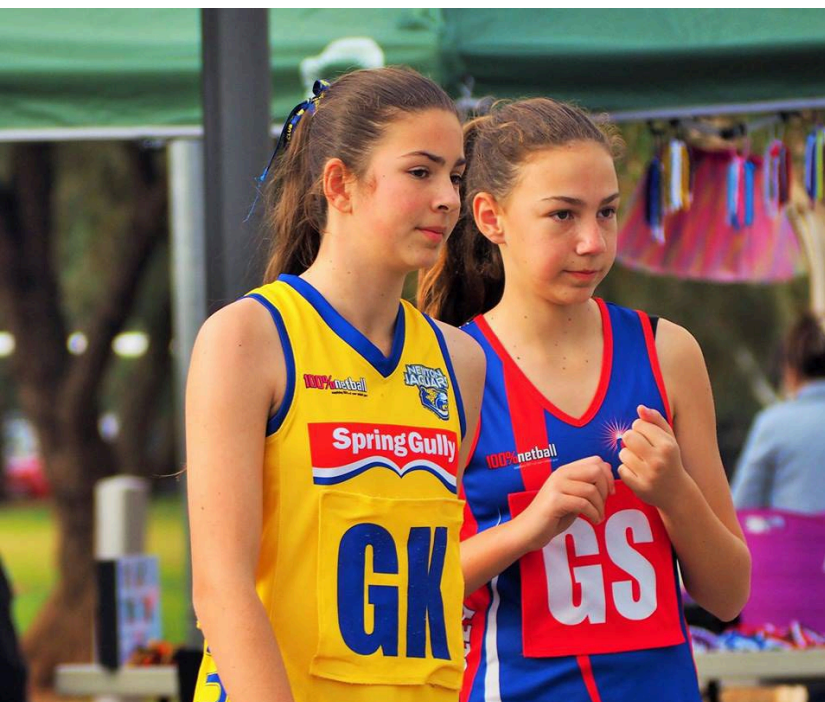
**All fees are non-refundable** unless there are extenuating circumstances, and then only at the discretion of the committee.

Following a written request, the committee will convene to consider individual cases, and if the committee finds good reason to refund fees then a calculation will be done pertaining to the circumstances of each individual case.



## Players

- ▶ Players are expected to attend training. The coach is to be notified before training if a player is unable to attend. Failure to do so may result in the player being stood off for half a match.
- ▶ Players are expected to arrive to their match and report to their coach at least 20 minutes before the starting time. Failure to do so may result in the player being stood off for half a match.
- ▶ Players must notify their coach as early as possible if they are unable to attend a match.
- ▶ Players must wear appropriate sporting clothing & footwear for training and matches.
- ▶ Players are not permitted to wear jewellery at training & games.
- ▶ Players must wear the official uniform of the Hope Valley Netball Club as authorized by SADNA (including socks) during their matches. Failure to do so may result in a player not being able to take the court at any stage.
- ▶ Players need to abide by the [Player's Code of Conduct](#).



## Coaches

- ▶ Coaches should as a minimum, complete their Foundation Level Coaches course. This accreditation in coaching should be obtained within 12 months of commencement of coaching.
- ▶ It is desirable to have some kind of basic first aid training.
- ▶ Coaches are to abide by the [coaches code of conduct](#).
- ▶ Coaches are strongly encouraged not to transport players in their car without another person present in the car, and only with permission beforehand from the players parent or guardian.
- ▶ Physical contact between the coaches and players should be kept to a minimum.
- ▶ All coaches **must** have a current Working With Children Clearance.
- ▶ Coaches & or Team Managers are responsible for making sure the scorecard is completed. This applies to all SADNA matches. One fine a season will be excused but after that failure to do so will result in the cost of the fine being deducted from the end of year coach's payment.
- ▶ Coaches are to ensure that netball pole covers are fitted to the poles during training. If you are the last to train you need to place the pole covers in the storage box and place goalposts to the side of the court.
- ▶ Coaching concerns need to be directed to the coach coordinator and or the Grievance Procedure.
- ▶ Coaches need to inform the Secretary of injuries incurred during matches or training. Incident Report forms are available at the club.

## Umpires

- ▶ Umpires 15 or older must have a current Working With Children Check.
- ▶ Umpires are encouraged to complete at least the Level 1 practical course, which is now available online.
- ▶ Umpires are expected to dress in the correct sporting dress code.
- ▶ Umpires will not show bias towards any team and will umpire fairly to the best of their ability.
- ▶ Umpires are expected to give the umpire coordinator as much notice as possible if they are not able to fulfill their umpire commitments on a certain day.
- ▶ Umpires officiating for Hope Valley Netball Club are to be paid by the club during the minor rounds every time they take the court in an official capacity.
- ▶ Umpires are strongly encouraged to attend umpire training to improve their skills.

## Committee

Hope Valley Netball Club is bound by a constitution. A copy of the Constitution is available upon request, email [secretary.hopevalleync@gmail.com](mailto:secretary.hopevalleync@gmail.com)

## Drugs and Alcohol

- ▶ Smoking is not permitted at the complex.
- ▶ All people within the netball complex are not to be under the influence of illegal/recreational drugs.
- ▶ Alcohol is only permitted at committee approved functions. Any intoxicated persons will be asked to leave the premises.

## Occupational Health and Safety

- ▶ Dogs are not allowed on the netball courts.
- ▶ Netball poles are only allowed to be put up and packed away under adult supervision.
- ▶ Netball poles must be covered prior to use.
- ▶ Children are not permitted in the shed unless accompanied by an adult.
- ▶ Sunscreen is provided by the club for training and all players are encouraged to use it. Players are encouraged to wear hats during training sessions.
- ▶ Children are not permitted in the canteen.
- ▶ Eastern wall of courts, near the oval, is **OUT OF BOUNDS**.
- ▶ It is each player's responsibility to ensure that they have sufficient water at both training and games.





## Grading

- ▶ Expressions of interest to join the Grading Committee are to be made at the AGM, or to the Grading Convenor – email [grading.hopevalleync@gmail.com](mailto:grading.hopevalleync@gmail.com).
- ▶ Grading panels are made up of independent graders in most cases, but if a parent of a player is on the grading panel, they do not make decisions about the team placement for their own child and are required to recuse themselves from the discussion concerning their child or friends of their child.
- ▶ Graders generally watch a number of matches being played at SADNA as well as the matches played during trials.
- ▶ Graders also review evaluations from current coaches. Coaches will provide a rating on a number of factors, including skill level for player attitude, fitness level, attendance at training, footwork and ball skills. Coaches will also advise if they think the player is capable of playing higher, or if they are graded correctly.
- ▶ Coaches are not assigned to teams until after the teams have been determined – this is to ensure that a player's placement in a team is not impacted (i.e they are neither advantaged nor disadvantaged) because their parent or guardian has volunteered to coach.
- ▶ Teams are selected to as to ensure a balance of positions - each team needs 3 defenders, 3 centre court and 3 goalies.
- ▶ Team placement is a comparative process - you may think that your child is a very strong centre court player, but if we have many centre court players in a season they may not be placed in as high a grade as you would like. Unfortunately this is unavoidable – as explained above, we need to have balanced teams - we are not able to have team of only centre courts even if they are all equally strong. Having said this, we also never have exactly 3 of each across section in each team in an age group, so it is not always possible to have every team perfectly balanced.
- ▶ We find that some parents want their children to play in a high grade, but the children themselves just want to be with their friends - that is why we have introduced the "friend request" system this season. We will do our best to put players together, but please bear in mind that this may also impact the grade they are placed in. If for some reason we are not able to place players together with their friends, we will discuss this with the player (or parent if they are a minor) prior to team announcements.

- ▶ Many parents would like teams to stay together from season to season, however this is not usually possible due to a number of factors, for example:
  - changes in age requirements (for example, some players are older so have to go up to the next age division),
  - players constantly come in and out from season to season – for instance, to compete in other sports,
  - the positions that we have available across the age group – as mentioned, in order to put together balanced teams, we need to assign 3 goalies, 3 centre court and 3 defenders to each side.
- ▶ Naturally we do not always have 3 of each position available for every team, so from time to time we will ask a player to consider playing a new position. Players who are adaptable and can play multiple positions are easier to place into a team - flexibility is a really important part of any team sport, so we encourage players to be open minded about the position they play.
- ▶ Teams are nominated to SADNA for the grade the club feels will be appropriate to the team's ability and potential, to ensure they are challenged and will develop as netballers.

## Role

- ▶ Grading Officers are required to view at least 1 game from each grade during the last 6 minor round games in preparation for grading sessions.
- ▶ Organise equipment eg balls, bibs, timers and warm up coach for grading times.
- ▶ Grade players within age group, nominate grade and coach.
- ▶ The Grading Convenor will organize umpires, set grading dates and times, ensure equipment is provided.
- ▶ Grading Convenor will complete the team paperwork for submission to SADNA together with Secretary.
- ▶ Prepare team lists for coaches to notify players.
- ▶ Prepare team lists with phone numbers and positions for distribution to coaches.



## Best Player Votes

Players must be fully financial with the club. They must not have been reprimanded, sanctioned or suspended by SADNA and must have attended at least 80% of training sessions unless the failure to attend is due to injury or illness.

- ▶ Best player receives 3 votes, and 2<sup>nd</sup> best player receives 2 votes, and third best player receives 1 vote.
- ▶ Voting is to be recorded in a suitable format (e.g Excel spreadsheet).
- ▶ A spreadsheet containing all votes for the season, or an email detailing all votes, should be returned to the Secretary after the last minor round game along with the name of the coach's award recipient.
- ▶ Fill in players are eligible for best player votes in the team they fill in for. These votes are added to the best player votes in their own grade and need the grade to be marked on the voting slip.

In the event of a tie for best and fairest, a count back takes place and the player receiving the most 3 votes wins and the other player receives runner up. If the count back results in the same amount of 3 votes, both players are awarded joint best and fairest and there is no runner up.

In the event of a tie for runner up, a count back takes place and the player receiving the most 3 votes wins. If the count back results in the same amount of 3 votes, then 2 votes will be reviewed. If there is still a tie, then both players are awarded joint runner up and there is no coach's award.

In the event of a tie for the aggregate trophy within a grade, both players are awarded joint winner and receive a trophy each. Names are equally displayed on the shields.

In the event of a tie for club championship trophy (President's trophy), both players are awarded joint winner and will each receive a trophy. Names are equally displayed on the shield.



## Carnivals

- ▶ Players will be charged a fee to play in a carnival
- ▶ The club will subsidise 50% of the carnival entry fee
- ▶ Umpires are to be paid at a rate determined by the Umpire coordinator, appropriate to the hours committed and to cover travel costs.
- ▶ Residual monies to be paid to the coach

## Mandated Notification

- ▶ Volunteers and umpires within the club over the age of 18 must fill out and submit a Working With Children Check. This will be coordinated and monitored by the Child Safety Officer. A register will be maintained of all checks to ensure currency.
- ▶ Volunteers and umpires are mandatory notification reporters. Volunteers and umpires are encouraged to attend a mandated notification seminar.

## Life Members

Nominations for life members are to be made to the Management committee in writing at least 4 weeks prior to the management AGM. The requirements for nominations include 7 years continuous service in a volunteer capacity within the club. Playing life members receive discounted club fees - the amount of the discount to be determined by the Committee.

## Injuries

Under no circumstances is an injured player allowed to take the court. A doctor's/specialist's (eg: physiotherapist) certificate is required before a seriously injured player is permitted to resume playing matches or practice. Serious injuries include: concussion and broken bones.

## Administration

There are to be no cash or cheques issued unless under extenuating circumstances, and then at the discretion of the signatories.

- ▶ Secretary Honorarium – To be negotiated at the end of term.
- ▶ Treasurer Honorarium – To be negotiated at the end of term.
- ▶ Umpire Coordinator Honorarium – To be negotiated at the end of term.
- ▶ Coaches Coordinator Honorarium – To be negotiated at the end of term.
- ▶ Other positions to be negotiated according to work load.

## New Members

All new members to the club will receive a welcome email, which includes information about uniforms, club policies etc. Any further questions can be directed to the President or any other Committee member.

## Harassment/Bullying

Harassment and bullying will not be tolerated at the club. If anyone ever feels they have been harassed in any way then please bring it to the attention of a Committee member.

Any person found to be harassing or bullying any member will be spoken to by the committee.

## Grievance Procedure

The Grievance policy can be found on the club's website [www.hopevalleync.com.au](http://www.hopevalleync.com.au)



## SADNA RULES AND GUIDELINES

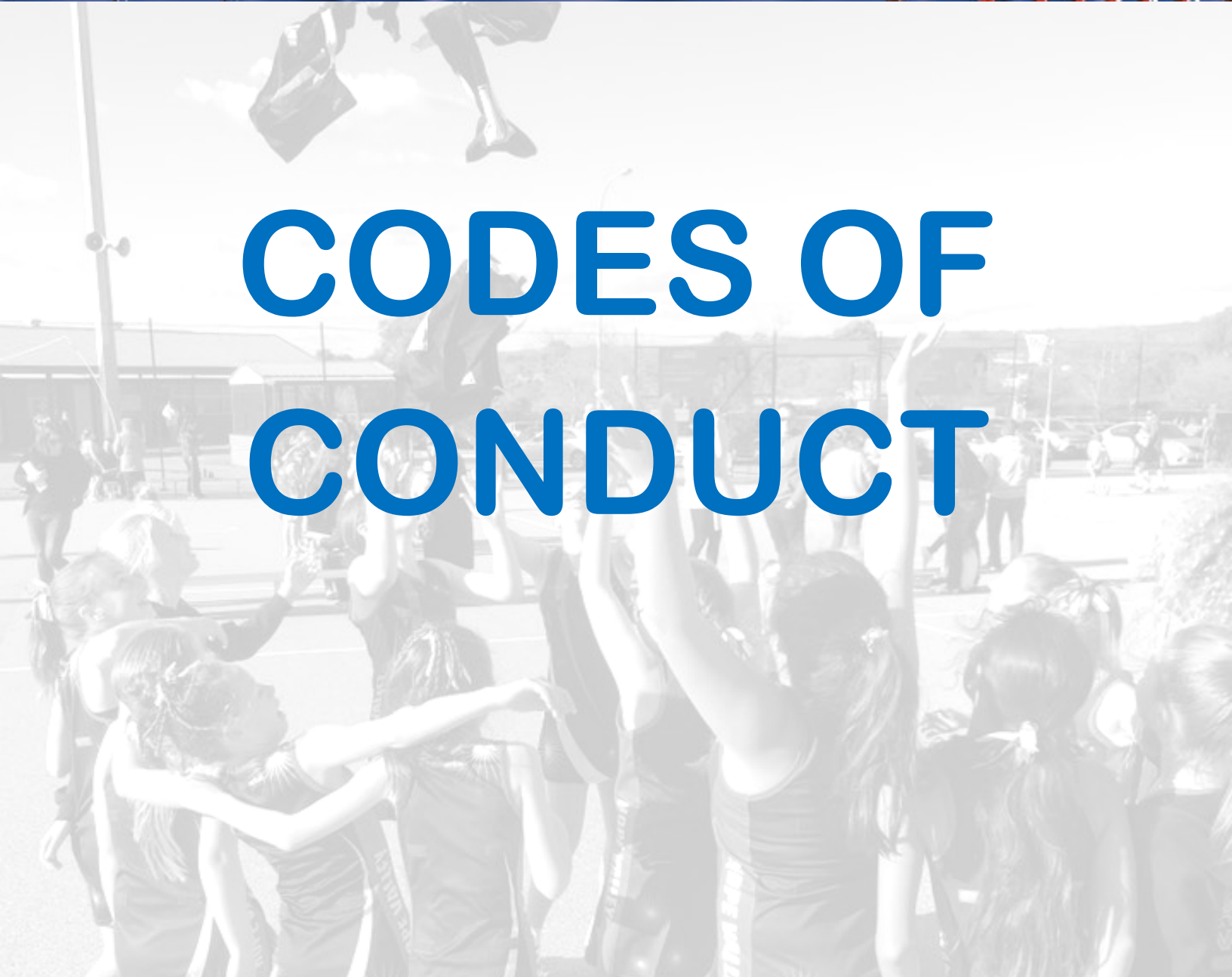
1. All players need to wear correct uniform (including appropriate length socks—anklets are not permitted). Umpires are within their right to not allow a player on the court if not in full uniform.
2. There is no smoking or alcohol allowed on the premises.
3. No dogs, skateboards, bikes, roller blades/skates, scooters, chairs or stools are permitted inside on the courts.
4. Abusive language directed towards players, umpires, coaches or any other officials will lead to the removal of the offending person from the premises.
5. The coach is the only person allowed to direct play, you are however allowed to encourage and praise good play by either team.
6. Team officials and players only are allowed to take netballs onto courts. All other balls are not allowed and will be confiscated and returned to the owner when they leave the complex.
7. All teams need to supply 1 scorer, 1 timekeeper and 1 primary carer, every game.
8. If you ever find the need to make a complaint against an umpire, coach, spectator or player, call a court supervisor first and then complete an incident report form, which can be obtained from the office at the courts. After it has been filled in, submit the form to the office and ask for a copy, give this copy to your club Secretary.
9. Spectators are not allowed to stand between the blue line and the sideline of the court during the games. The area behind the goal line must remain clear at all times.

Leeds Ave, Hope Valley  
South Australia  
Australia 5090

# **HOPE VALLEY**

## **NETBALL CLUB**

**0420 203 293**



# **CODES OF CONDUCT**



## JUNIOR PLAYERS

1. Participate because you enjoy it, not just to please parents and coaches
2. Play by the rules
3. Know the rules
4. Participate fairly and safely
5. Abide by decisions, without argument or bad temper. Captains have the right to approach an umpire during an interval or after the game for clarification of any rule approach the umpire in a courteous and polite way.
6. Co-operate with your coach, and other players
7. Verbal abuse of officials or other players, deliberately fouling or provoking an opponent and throwing/damaging equipment is not acceptable or permitted
8. Treat all players as you would like to be treated
9. Ensure that at all times your behaviour is fair
10. Be a patient and enthusiastic supporter of fellow players
11. Applaud all good play, by your own team and opponents
12. Be a responsible team member
13. Always be on time
14. Encourage and assist all players
15. Attend all training sessions
16. Ensure you always bring the appropriate uniform and equipment to training and/ or matches
17. Do not engage in practices that affect sporting performance (alcohol, Tobacco and drug use)
18. Respect and acknowledge the contribution of those who create the opportunity for you to play – e.g. volunteers (scorers, coaches, timekeepers, administrators and umpires).

## SENIOR PLAYERS

1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
2. Refrain from conduct which could be regarded as sexual or other harassment.
3. Respect the talent, potential and development of fellow players and competitors.
4. Care and respect the uniform and equipment provided to you.
5. Be frank and honest with your coach concerning illness and injury and your ability to train and play fully.
6. Conduct yourself in a responsible manner relating to language, temper and punctuality.
7. Maintain a high standard of personal behaviour at all times.
8. Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.
9. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
10. Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.
11. Do not engage in practices that affect sporting performance (alcohol, tobacco and drug use).



## COACHES

1. Operate within the rules and spirit of netball, promoting fair play over winning at any cost.
2. Encourage and support opportunities for people to learn appropriate behaviour and skills.
3. Support opportunities for participation in all aspects of the sport.
4. Treat each person as an individual.
5. Display control and courtesy to all involved with the sport
6. Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
7. Respect the decisions of umpires, officials, coaches and administrators in the conduct of the sport.
8. Wherever practical, avoid unaccompanied and unobserved one-on one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
9. Adopt appropriate and responsible behaviour in all interactions.
10. Adopt responsible behaviour in relation to alcohol and other drugs.
11. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
12. Ensure your decisions and actions contribute to a safe and harassment-free environment.
13. Do not tolerate harmful or abusive behaviour.
14. Place the safety and welfare of the players above all else.
15. Help each person (athlete, umpire etc) reach their potential respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback.
16. Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.
17. Be honest and do not allow your qualifications to be misrepresented.

## PARENT/GUARDIANS

1. If your child is interested, encourage them to participate in the appropriate netball activity. However, if your child is not willing to participate, do not force him or her. Remember, children are involved in organised activity for their enjoyment, not yours.
2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
3. Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
4. Encourage your child to play always according to the rules.
5. Never ridicule or yell at a child for making a mistake or losing a game.
6. Remember that children learn best from example. Applaud good play by all players.
7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public
8. Support all efforts to remove verbal and physical abuse.
9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
10. Be a model of good sports behaviour for children to copy.
11. Be courteous in communication with administrators, coaches, players and umpires. Teach children to do likewise.
12. Support the use of age appropriate development activities and modified rules.

## SPECTATORS

1. Most players (in particular children) participate in netball activities for fun. They are not participating for entertainment of spectators only.
2. Applaud good performance and efforts by all players. When watching a game congratulate both teams on their performance regardless of the game's outcome.
3. Respect the umpires' and coaches' decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach children to do likewise.
4. Never ridicule or scold a player for making a mistake during a competition. Positive comments are motivational.
5. Condemn the use of violence in any form, be it by administrators, coaches, players, umpires or parents/guardians.
6. Show respect for your team's coach, the umpire and opponents. Without them there would be no game.
7. Encourage players to play according to the rules and the official decisions, and develop your own knowledge of the rules.
8. Demonstrate appropriate social behaviour by refraining from using foul language, harassing administrators, coaches, players or umpires.
9. Support the use of age appropriate development activities and modified rules.

## UMPIRES

1. Umpire in accordance with the Official Rules of the Game.
2. Treat all players, coaches, match officials and other umpires with respect.
3. Place the safety and welfare of the players above all else.
4. Ensure the court and its surrounds are compliant with the rules.
5. Take appropriate action to manage dangerous play.
6. Maintain a high standard of personal behaviour at all times.
7. Be a positive role model through behaviour and personal appearance projecting a favourable image of netball and umpiring at all times.
8. Be courteous, respectful and open to discussion and interaction.
9. Maintain or improve your current performance level and seek continual improvement.